



Children also benefit from spinal exams!

It seems children never run out of energy, they go all day long running, jumping, and playing hard. Sometimes all this physical activity puts stress on the spinal nerves; this may lead to lowering a child's resistance and open the door for many illnesses.

The slightest misalignment can cause a child to suffer from adult type problems, such as headaches, back pain, poor concentration, irritability, etc. and for many, a simple, painless spinal exam will allow your Chiropractor to find, and treat if necessary any misalignments.

Chiropractic Care for children is much more than just spinal exams. **Alaska Back & Neck Pain Clinic** and **Dr. Blommer** can examine and monitor the growth of your child's body, address important nutritional needs, offer correct exercise programs, and help to prepare your child for a healthy adulthood.